

Wildflowers

[Live Life Simple's: FREEZE DRIED Flowers, FREEZE DRIED Garlic, FREEZE DRIED Herbs](#)

Ingredients:

Queen Anne's Lace
Coneflower
Black Eyed Susan
-or-
Flowers of your choice



Directions:

1. Pick flowers and quickly cut to tray size and pre-freeze
2. Freeze Dry
3. Very Fragile, good for decorating and long lasting

Cycle Time: My cycle time in a medium freeze dry in a garage during high heat and humidity was just shy of 18 hours.

Rehydration: Not intended to rehydrate



Live.
Life.
Simple.

www.freezedryingcookbook.com

Cycle times & rehydration for reference only

* Large Tray = 8 Cups/tray Medium = 6 Cups/Tray Small = 4 Cups/Tray