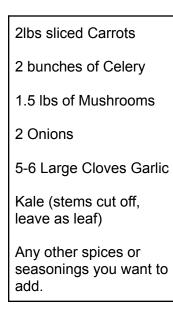
Vegetable Broth Powder

This recipe will fill all 5 large trays *

Live Life Simple: Home Made Vegetable Broth Powder – Freeze Drying Recipes

Ingredients:





Directions:

- 1. You will want to prepare the vegetables by dicing or slicing, or using a salad shooter or food processor.
- 2. Line trays before putting veggies onto the tray.
- 3. Fill 1 tray with carrots
- 4. Fill 1 tray with celery
- 5. Fill 1 tray with mushrooms
- 6. Fill 1 tray with kale
- 7. For the final tray spread out 5-6 large cloves of garlic sliced or minced, 1 bunch of parsley, & 2 Onions sliced or diced
- 8. Pre-Freeze
- 9. Freeze Dry

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- 10. Put all Freeze Dried Veggies through the food processor and make a fine powder. 5 trays of veggies made about 5 Cups of powder.
- 11. Store appropriately. (See Tips & Tricks for storage help)

Cycle Time: My cycle time was about 35 hours in a Large machine with a premier pump and all 5 trays with different veggies. **Rehydration:** 1 Tbsp per 1 Cup of Boiling Water for vegetable broth.

www.freezedryingcookbook.com

Cycle times & rehydration for reference only
Medium = 6 Cups/Tray
Small = 4 Cups/Tray

* Large Tray = 8 Cups/tray