

V8 Juice Freeze Dried

1 Gallon fills 4 Medium freeze Dryer tray with 4 Cups of V8 Juice each*

[John in Bibs': V8 Juice Freeze Dried Ep239](#)

Ingredients:

1 Gallon V8 Juice



Directions:

1. Put 4 Cups of V8 Juice per lined medium tray and then Freeze Solid.
2. Freeze Dry
3. Powder, I do mine in a ziplock with my hands and a rolling pin, you can also use a food processor or a Vitamix Blender.
4. Store Appropriately (See Tips and Tricks for storage help)

Cycle Time: varies

Rehydration: I store as 14g of powder per jar, then add 8oz of cold water, add the lid back on and shake it up.



Live.
Life.
Simple.

www.freezedryingcookbook.com

Cycle times & rehydration for reference only

* Large Tray = 8 Cups/tray Medium = 6 Cups/Tray Small = 4 Cups/Tray