

Thin Mint Fluff Bites

This Recipe will fill 1 medium tray*

[Adventures in Freeze Drying: Thin Mint Fluff Bites Freeze Dried](#)

Ingredients:

1 sleeve of Thin Mint Cookies (you can substitute about 15 Oreos for Thin Mints)

1 box of Hershey's White Chocolate Pudding

2 C Milk

1- 8 oz Tub of Whipped Topping



Directions:

1. In a medium mixing bowl, mix pudding according to the directions on the box.
2. Add the tub of whipped topping and combine well.
3. Using a rolling pin, add the cookies to a zip top bag, and smash into small chunks and crumbs.
4. Add cookie chunks and crumbs to the pudding mixture and mix well.
5. Either use silicone molds, or spread evenly across a parchment lined tray, and using dividers set to 40 portions, push into the pudding mixture.
6. Freeze unit frozen solid.
7. Remove from silicone molds before freeze drying.
8. Freeze Dry
9. Store Appropriately (See Tips and Tricks for storage help)

Cycle Time: 24 Hours

Rehydration: Not intended



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Cycle times & rehydration for reference only

* Large Tray = 8 Cups/tray Medium = 6 Cups/Tray Small = 4 Cups/Tray