Strawberry Crisp Freeze Dried Pantry

This recipe makes 10 servings



Ingredients

Filling:

10 cups freeze dried sliced strawberries 4 cup granulated white sugar 1 tsp vanilla extract 3 tbsp cornstarch

Topping:

1 cup all purpose flour
¾ cup old fashioned oats
¾ cup granulated white sugar
¾ cup packed brown sugar
½ tsp salt
¾ tsp cinnamon
½ cup butter, melted

This is a freeze-dried pantry recipe using already freeze-dried ingredients

Directions:

- 1. Rehydrate the strawberries by placing the freeze-dried strawberries in approximately 5 cups of cold water and let them soak for 3-4 minutes. Drain well. (It's okay if they are not fully rehydrated.)
- 2. Preheat the oven to 350°F.
- 3. Grease a deep-dish pie plate or a 9x13 baking dish and set aside.
- 4. In a large bowl, combine the drained strawberries and sugar, stirring until the strawberries absorb the sugar.
- 5. Add the cornstarch and vanilla, mixing until evenly coated.
- 6. Pour the mixture into the prepared baking dish.
- 7. Make the crumble topping. In a separate medium bowl, mix the flour, oats, sugars, salt, and cinnamon. Pour in the melted butter and stir until the mixture becomes crumbly.
- 8. Evenly sprinkle the crumble topping over the strawberries.
- 9. Bake for 35-40 minutes, or until the filling is bubbly and the topping is golden brown.
- 10. Allow the dessert to cool slightly before serving. Enjoy warm on its own or with ice cream!

Rehydration:

Rehydrate 10 cups of freeze dried sliced strawberries by soaking in 5 cups of COLD water for 3-4 minutes and then drain.

Notes:

If you like extra "crunch" in your crunch desserts, double the topping and press a layer into the bottom of the pan before adding the filling.

Calories: 180 Protein: 2 g Fat: 5 g Carbohydrates: 31 g Sugar: 11 g Fiber: 3 g