

Strawberries

This will make as many trays as you have fruit for *

[Live Life Simple: Trader Joe's vs Home Freeze Dried Food // Strawberries, Pineapple, Blueberries](#)

Ingredients:

Strawberries



Directions:

1. Slice strawberries. When freeze drying strawberries, uniformity in thickness of slices helps them to freeze dry more evenly and efficiently.
2. Line trays with parchment to make fruits release easily.
3. Pre-Freeze or go straight into the Freeze Dryer
4. Freeze dry
5. Store appropriately. (See Tips & Tricks for storage help)

Cycle Time: My cycle time in an older medium freeze dryer for a mixed load of fruit was about 48 hours.	Rehydration: Not intended
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www.freezedryingcookbook.com

Cycle times & rehydration for reference only

* Large Tray = 8 Cups/tray Medium = 6 Cups/Tray Small = 4 Cups/Tray