# Starburst Candy

This recipe makes as many Starbursts as you choose to make

## Ingredients

## Starburst<sup>®</sup> Candies unwrapped



### **Directions:**

- 1. Adjust the dry temperature to between 135-150°F. The screen will displayHigh Temperature Mode.
- 2. Set the extra dry time to 4-6 hours or more. Click Save to return to the main screen.
- 3. The screen will show High Temperature Mode. Click Start to begin.
- 4. The freeze dryer will start Cooling the Vacuum Chamber, which takes approximately 15 minutes.
- 5. Place parchment paper on the tray (optional but recommended).
- 6. Arrange  $Starburst \mathbb{R}$  candies evenly on the tray. Dividers can help with spacing.
- 7. After 15 minutes, the freeze dryer will prompt you to load your trays.
- 8. On the same screen, ensure that High Temperature Mode Candy Process is turned on.
- 9. The freeze dryer will ask if you want to warm your trays. It is recommended to warm the trays unless you are freeze-drying chocolate-coated candy.
- 10. If you choose to warm the trays, the system will set an automatic 1-minute countdown, which can be adjusted as needed.
- 11. Once the trays are warmed, the freeze-drying cycle will begin.
- 12. After the cycle is complete, you will have the option to start a new candy batch. This allows for back-to-back candy cycles.
- 13. Store in jars for short-term use or in mylar bags for long-term storage

### **Rehydration**:

Not intended

### Notes:

Candies like Starburst® that need preheating will have a large variable as to preheat temp, and for how long. You will need to experiment to know what works best in your freeze dryer.

#### Nutritional Value Per 6 pieces

Calories: 120 Protein: 0 g Fat: 2.5 g Carbohydrates: 24 g Sugar: 16 g Fiber: g

### www.freezedryingcookbook.com