

Dog Food, Salmon & Sweet Potato

This recipe makes about 5 cups



Ingredients

6 oz cooked salmon or meat of choice
1 cup cooked brown rice
1 ¼ cup cooked sweet potatoes
¾ cup cooked broccoli
1 cup cooked lentils
½ cup cooked corn
1 tbsp peanut butter
1 cup cooked black beans
1 ¼ cup strawberries
(optional) broth
Avoid peanut butter with xylitol, an artificial sweetener that is toxic to dogs

All dogs have different dietary requirements. Please consult a professional and alter this recipe if needed based on your dog's age, breed, activity level etc.

Directions:

1. Cook your preferred meat by baking, smoking, or grilling.
2. Boil or bake the sweet potatoes and broccoli. For maximum health benefits, let the chopped broccoli sit for 30 minutes before cooking. If your pet struggles with larger chunks, mash or process the ingredients into a smaller size or a paste.
3. In a large mixing bowl, combine all ingredients and mix thoroughly by hand or using a stand mixer until the desired texture is reached for your dog.
4. Add parchment paper to your trays
5. Spread the dog food evenly onto trays.
6. Add dividers if using. (we like 10 portions for this recipe)
7. Pre Freeze when possible
8. Freeze dry (my cycle time was 33 hours)
9. Store in jars for short-term use or in mylar bags for long-term storage

Rehydration:

To rehydrate use 1 divider portion or ½ cup freeze-dried dog food and ¾ water. It will need to sit for 5 minutes or more to rehydrate completely

Notes:

Consult your vet for proper portion size for your pet

Nutritional Info:

Visit Balanceit.com to calculate your pet's nutritional needs and the nutrition of this recipe