

# Peaches and Cream Dessert

## A Freeze Dried Pantry Recipe

This recipe uses Freeze Dried Peaches from your pantry\*

[Live. Life. Simple's: Freeze Dried Peaches and Cream! - - Freeze Dried Desserts](#)

### Ingredients:

Freeze Dried Peaches

Vanilla Ice Cream or Cheesecake Ice Cream or Ice Cream Flavor of your choice



### Directions:

1. Dish up a bowl of your choice of Ice Cream
2. Top with Freeze Dried Peaches
3. Let the peaches rehydrate as your ice cream melts -or- eat while peaches are still crunchy

### Cycle Time:

**Rehydration:** You can choose to let the peaches rehydrate some in the ice cream, or you can eat them as a tasty crunchy peachy topper.



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[www.freezedryingcookbook.com](http://www.freezedryingcookbook.com)

\*XL Tray = 15 Cups/Tray  
Small = 4 Cups/Tray

Large Tray = 8 Cups/tray

Medium = 6 Cups/Tray

Cycle times & rehydration for reference only