

Peach Salsa

This recipe will make 2 medium Freeze Dryer Trays *

Ingredients:

6 C Peaches chopped
1 English Cucumber
diced
1 Red Onion Chopped
1 TBSP Freeze Dried
Garlic
1 Green Pepper Diced
1 Red Pepper Diced
1½ tsp Cumin
½ tsp Cayenne
2 TBSP Honey
½ C Cilantro finely
chopped



Directions:

1. Chop all the fruit, vegetables and herbs and combine in a large bowl.
2. Line your tray with silicone or parchment
3. Spread evenly over 2 Medium Freeze Dryer Trays and add dividers if using
4. Freeze Solid
5. Freeze Dry
6. Store Appropriately. (See Tips and Tricks for storage help)

Cycle Time: Varies

Rehydration: Add some cold water, stir, let sit covered for 2-3 minutes, check add more water if needed or let sit longer if needed until everything is soft and desired consistency is reached



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Cycle times & rehydration for reference only

* Large Tray = 8 Cups/tray Medium = 6 Cups/Tray Small = 4 Cups/Tray