

Junior Mints®

6 Theater boxes of Junior Mints makes about 20 cups



Ingredients

6 theater boxes of Junior Mints®

Directions:

1. Set the temperature of your Freeze Dryer to 135. I always have my machine set to 24 hours of extra dry time, but you will only need 4-6 hours to freeze dry these
2. Start your machine and let it cool for 15 minutes
3. While your machine cools, line your trays with parchment
4. Spread Junior Mints out in rows, leaving about an inch from piece to piece
5. Put the trays in the machine, turn the Candy Mode Button to On, and then press Skip Tray Warm. The machine and pump will both turn on within 20-30 seconds
6. Freeze drying time is machine and environment dependent, but don't short them less than 4 hours
7. Store in plastic storage containers

Rehydration:

Not intended for rehydration. These are a freeze dried sweet treat!

Notes:

Let them cool completely before removing from the trays. Also, move quickly to storage because they take on moisture quickly.

Nutritional Value Per 9 pieces

Calories: 130 Protein: 1 g Fat: 4 g Carbohydrates: 23 g Sugar: 17 g Fiber: 0 g