Hot Peppers

This will fill as many trays as you have produce for *

Live Life Simple: Making Freeze Dried HOT Peppers! -- Carolina Reapers, Jalapenos & Anaheim

Ingredients:

Carolina Reapers

Jalapenos

Anaheim Peppers

Your hot pepper of choice

Directions:



- 1. GEAR UP! Be safe, masks, gloves and eye protection is recommended!!! Save preparing the hottest peppers for last, ventilate!
- 2. Cut off the tops of your peppers and chop, you can remove the seeds if you desire.
- 3. Spread out across parchment lined trays.
- 4. Pre-Freeze
- 5. Freeze dry
- 6. I stored mine several different ways:
 - a. I powdered the Reapers using a food processor (wearing a respirator mask). I would also recommend gloves and eye protection. I would recommend doing this in your garage or outside.
 - b. I stored the rest as chopped, in small portions, to throw into stir fries and eggs as I cook.
 - c. I added some straight to freeze dried egg powder, added the water for the eggs, mixed and let them stand, and then cooked.
- 7. Store Appropriately (See Tips and Tricks for storage help)

Cycle Time: My cycle time was about 19.5	Rehydration: To rehydrate just the peppers,
hours.	let them sit in cold water.



www.freezedryingcookbook.com

* Large Tray = 8 Cups/tray Mo