Holiday Spice Simmer Pot

You will fill as many trays as you choose*

Ingredients:

Cinnamon Sticks

Whole Cloves

Oranges

Apples

Pears

Cranberries



Directions:

- 1. Prepare fruit by slicing at about ¼ inch thick and either put cranberries in a food processor or cut them in half.
- 2. You can layer fruit with parchment between layers up to 3 layers per tray (do not exceed your machines weight limit for food as fruit is heavy in water)
- 3. Put the Cinnamon Sticks and Whole Cloves on a Tray
- 4. Freeze Dry
- 5. Add some of each ingredient into a jar or bag add an oxygen absorber and seal
- 6. Store Appropriately (See Tips and Tricks for storage help)

To Use: Add all contents (or partial if a large jar or bag) into a pot on the stove. Cover with hot water and bring to a simmer on the stove top. Add water as needed so contents do not burn to the bottom of the pan.

Cycle Time: 36 hours	Rehydration: Not intended for human
	consumption



www.freezedryingcookbook.com

Cycle times & rehydration for reference only

*XL Tray = 15 Cups/Tray Small = 5 Cups/Tray Large Tray = 8 Cups/tray

Medium = 6 Cups/Tray