

Garden Peas

As many trays as you have by weight of peas *

[Live.Life.Simple's: Freeze Dried Garden Peas - - Freeze Dry Your Vegetables](#)

Ingredients:

Fresh Garden Peas



Directions:

1. Shell and blanch in boiling water for a couple of minutes, then Spread evenly across trays, without overloading the weight limit.
2. Pre-Freeze Solid (Makes the peas pop open)
3. Freeze Dry
4. Store appropriately. (See Tips & Tricks for storage help)

Cycle Time: 5 large trays of peas with an oilless pump took about 40 hours

Rehydration: Add a dollop of butter and boil them on the stove, add any seasonings.



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www.freezedryingcookbook.com

Cycle times & rehydration for reference only

* Large Tray = 8 Cups/tray Medium = 6 Cups/Tray Small = 4 Cups/Tray