

Freeze Dried Dairy Milk

1 ½ Gallons of Milk will fill 4 medium Trays*

[Live Life Simple's: 🥛 Freeze Dried Milk 🥛 Can Dairy Last 25 Years --HARVEST RIGHT FREEZE DRYER](#)

Ingredients:

1 Gallon of Dairy Milk



Directions:

1. Place freeze drying trays flat in freeze dryer
2. Pour milk into the trays and freeze solid.
3. Turn on your machine and pre-freeze before pulling Milk out of the freezer.
4. Freeze Dry
5. Powder the milk
6. Store Appropriately (See Tips and Tricks for storage help)

Note: Weigh your trays in grams before and after freeze drying, you will know how much water was lost. You can do some math to determine how much water to add back in.

Cycle Time: My cycle time with 4 trays of milk was about 40 hours

Rehydration: Add cold water, using a coffee frother, mix, and continue adding water and mixing until you get the right consistency.



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www.freezedryingcookbook.com

Cycle times & rehydration for reference only

* Large Tray = 8 Cups/tray Medium = 6 Cups/Tray Small = 4 Cups/Tray