

Freeze Dried Brownie

[John in Bibs': OMG Freeze Dried Brownie Reconstituted in the Ninja Foodi Ep142](#)

Ingredients:

Any brownie mix, mixed up, baked, and cut into single size portions



Directions:

1. Place cut brownies on a lined tray
2. Pre-Freeze or go straight into the freeze dryer
3. Store Appropriately (See Tips and Tricks for Storage Help)

Rehydration: To Rehydrate you will need to use a Ninja Foodi or Instant Pot

1. Place a tall wire rack inside pressure Cooker
2. Place 2 Cups of water in bottom of pressure cooker
3. Place brownies (however many you want to rehydrate) on the wire rack
4. Close and seal pressure cooker lid
5. Rehydrate on High pressure for a 5 minute cycle
6. Release Steam and remove from pressure cooker



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Simple.

www.freezedryingcookbook.com

Cycle times & rehydration for reference only

* Large Tray = 8 Cups/tray Medium = 6 Cups/Tray Small = 4 Cups/Tray