

# Freeze Dried Apple

This recipe will make as many trays as you choose to make\*

[Live Life Simple's: FREEZE DRIED FRUIT](#) 🍍 Pineapple, 🥭 Mango, Raspberries, 🍏 Apple & 🍌 Banana

## Ingredients:

Apples cut into slices  
(you may want to dunk  
in a lemon juice bath to  
keep from browning)



## Directions:

1. Cut apples into slices (you can use an apple slicer)
2. Spread out on a lined tray
3. Pre-Freeze until solid (I recommend using lids when Pre-Freezing), or go straight into the freeze dryer.
4. Freeze Dry
5. Store Appropriately (See Tips and Tricks for storage help)

**Cycle Time:** My cycle time in a mixed load of fruits was about 33 hours

**Rehydration:** Not intended



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[www.freezedryingcookbook.com](http://www.freezedryingcookbook.com)

Cycle times & rehydration for reference only

\* Large Tray = 8 Cups/tray    Medium = 6 Cups/Tray    Small = 4 Cups/Tray