## **Dog Food**

This recipe will make 8 medium trays of Dog Food \*

Live. Life. Simple's: Freeze Dried Dog Food Recipe - Homemade vs. Store Bought

## Ingredients:

2 lbs Hamburger	1-2 cans of Pumpkin (substituting 1 can
6 lbs Chicken	Pumpkin for 4 Sweet
both dark and white meat	Potatoes)
	10 Sweet Potatoes
4 lbs Rice cooked	1 can of Green
2 heads of	Beans or peas
Broccoli	6 Apples cored
4 ears of Corn	3 lbs Carrots
2 dozen eggs	3 IDS Carrols
	2 Large containers of Cottage Cheese or Yogurt
	Toguit



## **Directions:**

- 1. Put Beef and Chicken in an Instant Pot with 1 cup of water. Cook through.
- 2. Put the cored apples, through a blender or food processor,
- 3. Slice corn off of the cob, can use canned corn instead. Chop the broccoli, carrots, and sweet potatoes. Cook until just tender either on the stove or in the oven.
- 4. Cook the rice in the broth of the cooked meat and water, in your Instant Pot.
- 5. Puree the cooked sweet potatoes.
- 6. Scramble and cook the eggs, 12 with yolks, and remove the yolks from 12.
- I would divide each of the prepared foods into 4ths or 5ths. Add the remaining ingredients to each section as you combine in a large stand mixer, blender, or food processor.
- Dividers would work great in this recipe, to have the food divided into servings.
- 9. Freeze until solid, and then Freeze Dry.
- 10. Store Appropriately (See Tips and Tricks for storage help)

Cycle Time: 52 hours	Rehydration: Add water, mix let sit, and
	check until desired consistency is reached

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www.freezedryingcookbook.com

Cycle times & rehydration for reference only

\* Large Tray = 8 Cups/tray

Medium = 6 Cups/Tray

Small = 4 Cups/Tray