

# Crouton Ice Cream Toppers

This recipe makes 1 Medium size Freeze dryer tray\*

Link to Video Here [Live Life Simple's: Ice Cream Crouton Toppers](#)

## Ingredients:

Approx. 7 slices Hawaiian Bread

Cinnamon (optional)  
Nutmeg (optional)



## Directions:

1. Dice up slices of bread into small pieces. It's helpful to fill up the tray with bread pieces as you go.
2. Add pieces of bread to pre cut parchment lined freeze dryer pan
3. You can spritz with water and add cinnamon or nutmeg if desired
4. Cover trays with tray lids and pre freeze before freeze drying
5. This recipe can also be done with our french toast dippers recipe [Live Life Simple's: French Toast Dippers](#) just dice them and treat the same
6. Store Appropriately (See Tips and Tricks for storage help)

**Cycle Time: 22 hours**

**Rehydration: not recommended**



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Cycle times & rehydration for reference only

\* Large Tray = 8 Cups/tray    Medium = 6 Cups/Tray    Small = 4 Cups/Tray