

Chicken Noodle Soup in a Jar

This recipe is made with Freeze Dried Ingredients from your Pantry

Ingredients: All Ingredients are already Freeze Dried, or a common spice

2 tsp Chicken Bouillon
2 tsp Italian Seasoning
1 tsp Salt
1 tsp Black Pepper
¼ C Chopped Onion
¼ C Chopped Carrots
½ C Chopped Celery
1 C Chopped Chicken
2 C Egg Noodles (not raw, but cooked and freeze dried)



Directions:

1. In a Quart jar or Mylar bag, layer your ingredients from top of the list to bottom of the list, this will allow you to use more noodles or chicken if you want (this will change the amount of water needed to rehydrate)
2. Add an appropriate sized OA to your Jar or Mylar Bag, and Seal.
 - a. If storing in a Jar long term, vacuum sealing is highly recommended.

Cycle Time: NA

Rehydration: In a large pot, bring 8 cups of water to a boil. Dump in contents from the jar or mylar bag. Simmer for 8-10 minutes or until all ingredients are tender.



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Cycle times & rehydration for reference only

* Large Tray = 8 Cups/tray Medium = 6 Cups/Tray Small = 4 Cups/Tray