

Chicken A La King Pouch O Noodles

This recipe will make 3 medium trays of Chicken a la King *

[John in Bibs': Chicken a la King Pouch O Noodles Freeze Dried Ep238](#)

Ingredients:

10 Cans of Swanson
Chicken a la King

6 packages of Ramen
Noodles (save the
seasoning packets)



Directions:

1. I am using my silicone molds, (12 molds per medium tray) and splitting each 10 oz can between 2½ molds
2. Freeze Solid, pop out of molds, and place on a lined tray and freeze dry.
3. I freeze dried 8 squares of frozen Chicken a la King, and 2 packages of Ramen Noodles per tray.
4. 1 package as 2 squares of Chicken a la King, with ½ a package of Ramen Noodles.
5. Store appropriately (See Tips and Tricks for storage help)

Cycle Time: Varies

Rehydration: I add 1 Cup of Boiling hot water to the pouch, ziplock it, and let it sit for 2 minutes. Stir it up, zip again and let sit for 2 more minutes.



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Cycle times & rehydration for reference only

* Large Tray = 8 Cups/tray Medium = 6 Cups/Tray Small = 4 Cups/Tray