

Carrot Chips

1 bag of sliced carrot ships filled 1 tray

[Retired at 40: Freeze Dried Veggie Chips // Beets, Carrots, Turnips, Pickle Chips](#)

Ingredients:

Thinly sliced carrots

Homemade Traeger Rub

Salt and/or pepper to taste

Or Spices of your choice



Directions:

1. Spread Carrots out on tray
2. Sprinkle on seasoning
3. Pre-Freeze

Cycle Time: My cycle time in a medium freeze dryer was 28 hours

Rehydration: Not Intended



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Simple. www.freezedryingcookbook.com