

Beijing Beef Pouch O Noodles

[John in Bibs': Beijing Beef Pouch O Noodles Freeze Dried Ep221](#)

Ingredients:

2 lbs Thinly Sliced Sirloin	Sauce Ingredients
¼ C Soy Sauce	½ C Sugar
¼ C Rice Vinegar	1 C Water
2 tsp Baking Soda	¾ C Hoisin Sauce
1 medium Yellow Onion chopped	¼ C Ketchup
1 Red Bell Pepper copped	¼ C Rice Vinegar
6 cloves Diced Garlic	2 Tbsp Soy Sauce
6 Packages of Ramen Noodles Beef Flavored	2 Tbsp Sweet Chili Sauce
	2 tsp crushed red pepper flakes



Directions:

1. In a mixing bowl, add your thinly sliced Sirloin, Soy Sauce, Rice Vinegar and Baking Soda and mix together. Let that marinate for 20-30 minutes.
2. Make your sauce in a mixing bowl by combining, Sugar, Water, Hoisin Sauce, Ketchup, Rice Vinegar, Soy Sauce, Sweet Chili Sauce, and crushed red pepper flakes.
3. In a pan on the stove over high heat, splash a little soy sauce and cook your meat, stirring cooked meat from the pan and put into a mixing bowl.
4. If your pan is dry add a little more soy sauce, add 6 cloves of diced garlic, stir it around a little, then add vegetables and cook over high heat stirring constantly, until vegetables are softened up.
5. Add meat back to the pan, add the sauce, cook on high, bring it up to a boil. Let boil for 4-5 minutes.(If you want to eat right away, you will want to make a slurry with cornstarch and water 2 Tbsp of each and keep cooking until the sauce is thickened.)
6. Use dividers or molds for portions and pre-freeze.
7. Make Ramen Noodles as directed by the package, do not use the seasoning packets.
8. Using tray dividers or molds for portions, pour a little of the leftover sauce from the meat over the noodles. Pre-Freeze Pop out of molds before you Freeze Dry. If using dividers you can leave dividers in.
9. My portions are two disks each from my 6 count molds.



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Cycle times & rehydration for reference only

* Large Tray = 8 Cups/tray Medium = 6 Cups/Tray Small = 4 Cups/Tray

10. Store Appropriately. (See Tips and Tricks for storage help)

Cycle Time: Varies	Rehydration: 1 disk of meat, 2 disks of noodles, Add $\frac{3}{4}$ -1 Cup of boiling water, let sit 3 minutes, Stir and let sit for another 2-3 minutes
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