

Astronaut Ice Cream

1 Carton of Ice Cream fills 1 medium tray*

[Live Life Simple's: Freeze Dried Astronaut 🍦 Ice Cream 🍦 HARVESTRIGHT FREEZE DRYER](#)

Ingredients:

1 Carton of Ice Cream frozen solid

Freeze Drying Ice Cream requires you to work fast to keep the ice cream frozen



Directions:

1. Peel container off
2. Cut your very frozen ice cream into slices, (wear gloves, ice cream is cold) or use an ice cream scoop to put dollops of ice cream on your tray.
3. Place on a prefrozen tray
4. Freeze in the freezer until frozen solid
5. Make sure your freeze dryer is below freezing before putting trays in the freeze dryer
6. Freeze Dry
7. Store Appropriately (See Tips and Tricks for storage help)

Cycle Time: My cycle time was about 22 hours

Rehydration: Not intended



Live.
Life.
Simple.

www.freezedryingcookbook.com

Cycle times & rehydration for reference only

* Large Tray = 8 Cups/tray Medium = 6 Cups/Tray Small = 4 Cups/Tray